

## OUR PRACTICE MANAGER PREPARES TO RUN THE 2010 LONDON MARATHON!!

You might think it's a silly idea, but for me it has always been a dream to run the London Marathon. Life is passing me by and it's now come to the time when I must actually do it!! It makes sense to try to raise some money for charity and therefore I have chosen to run for a [blind, deaf and rubella charity appropriately named SENSE](#). My sister has dedicated her life to blind and deaf children so in support of her aims I wanted to do my bit. My target is £1,400.



If you are able to help me raise money, I would be extremely grateful no matter how small. You can donate by sponsoring me [a form is located at the practice reception], entering the competition at the surgery 'spot the cow pat' where you could 'win' up to £30 [entries cost £1] or go to my web page at [www.justgiving.com](http://www.justgiving.com) and enter my name 'Alyson Gough' to make a donation.

Thanks in advance.

*Alyson x*

